REPORT



Algal turf consumption by sea urchins and fishes is mediated by fisheries management on coral reefs in Kenya

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Abstract Herbivory is a key process that controls the abundance and accumulation of algal turf on tropical coral reefs. The capacity of reefs to prevent algal accumulation hinges on the balance between algal production and consumption (i.e., grazing). In this study, we quantify algal turf biomass accumulation and grazing using experimental substrata and herbivore exclusion cages across sites in Kenya that represent different levels of fisheries management: heavily fished reefs, community marine-protected areas less than 10 yr old, and older government-managed marine-protected areas. These reefs had different assemblages of grazing herbivores with fished reefs being dominated by sea urchins, while government closures had a high abundance of grazing fishes, in particular parrotfishes. The community fisheries closures had an intermediate mix of sea urchins and grazing fishes, with the latter dominated by surgeonfishes. These management regimes mediated algal biomass on experimental substrata such that urchins

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consumed as much as 90% on fished reefs and fishes as much as 96% at the government marine-protected areas by the end of the 390-d trial. The younger community fisheries closures lacked the herbivory to significantly reduce algal biomass, and consumption was less than 50% of production and never greater than 2 g algae $m^{-2} d^{-1}$. These findings point to the importance of recovery dynamics of herbivorous fishes from heavy fishing pressure. They also suggest that while sea urchins might be effective grazers to prevent macroalgal dominance, they are not a functional replacement for fishes due to their ability to reduce reef accretion through bioerosion and prevent settlement of crustose coralline algae in this system.

Keywords Consumers · Ecosystem functioning · Grazing pressure · Phase shift · Western Indian Ocean

Introduction

Herbivory is important in mediating benthic composition on coral reefs (McManus and Polsenberg 2004; Cheal et al. 2010). Some studies have shown that herbivory is more of a driving factor in preventing macroalgal dominance on reefs than bottom-up factors, such as sunlight and nutrients (Burkepile and Hay 2006; Heck and Valentine 2007; Rasher et al. 2013). Others, however, have shown that bottom-up processes are the dominant drivers of coral reef benthic composition (Enochs et al. 2015; Russ et al. 2015). Disturbances (e.g., coral bleaching) also play a key role in shaping the benthos with the loss of live coral and a concomitant increase in algal production (Ledlie et al. 2007). Therefore, the capacity of reefs to maintain coral dominance largely relies on the balance between ability of grazers to remove algae after a disturbance and rates of algal production (McManus and Polsenberg 2004; Marshell and Mumby 2012). Thus, fisheries management can have substantial impacts on coral–algal relationships by influencing the abundance and types of herbivores present (McClanahan 1995; Mumby et al. 2007; Rasher et al. 2013; Bozec et al. 2016).

Quantifying the foraging by herbivores can be challenging in a natural setting because of their mobility, feeding behaviors, and the difficulty of making direct observations of multiple species or functional groups simultaneously. Previous studies have measured consumption rates of one or a few species of fish and generally found that total food intake, or grazing impact, increases linearly with fish biomass (Klumpp and McKinnon 1989; Montgomery et al. 1989; Bruggemann et al. 1994a, b, c; 1996). Others have found that algal turf intake increases nonlinearly with fish size (Bonaldo and Bellwood 2008; Lokrantz et al. 2008). It is clear that spatial and temporal variation exists among herbivore functional groups in their grazing rates and how this relates to size (Choat and Bellwood 1985; Marshell and Mumby 2015; Holbrook et al. 2016; Tebbett et al. 2017). For example, feeding differences may be a function of behavior (e.g., territoriality, predator avoidance, and method of feeding) as well as factors such as the influence of temperature on grazer metabolic requirements, algal nutritional quality, and algal abundance and availability (Carpenter 1988; Ferreira et al. 1998b; Smith 2008; Afeworki et al. 2011; Kelly et al. 2016). Interference competition between fishes and sea urchins has also been shown to impact algal consumption (Hay and Taylor 1985). Given this variation in algal foraging on coral reefs, there is a need to more accurately quantify herbivory by key functional groups such as algal turf grazers more accurately.

It is clear that parrotfishes (family Labridae) serve a critical role on coral reefs worldwide in promoting ecosystem functioning and coral dominance. Parrotfishes have been shown to have strong effects on algal abundance and thus preventing phase shifts while promoting reef resilience and structural complexity (Mumby et al. 2006, 2007). Parrotfishes are, however, often overfished on coral reefs (McClanahan and Mangi 2001; Bellwood et al. 2003; Hawkins and Roberts 2004; McClanahan et al. 2013). Overfishing results in not only declining abundances, but also reductions in mean body size due to sizeselective harvesting (Russ 1991; Shin et al. 2005; Bellwood et al. 2012). Reefs dominated by small (< 15 cm) parrotfishes may not have consumption rates high enough to control turf algae (Mumby 2006; Lokrantz et al. 2008; Taylor et al. 2015; but see Bellwood et al. 2012). The recovery dynamics of parrotfishes are especially critical in Kenyan coral reef systems due to their ability to impede algal succession and maintain reefs with high coral cover (McClanahan 1997; McClanahan and Humphries 2012; Humphries et al. 2014). Complementing the role of parrotfishes on coral reefs are surgeonfishes, or algal turf grazers primarily in the family Acanthuridae. For example, the brown surgeonfish (*Acanthurus nigrofuscus*) feeds on sparse algal turfs tearing filaments and thus preventing macroalgal establishment (Polunin et al. 1995). In many coral reefs, sea urchins are also important algal turf grazers that exert primary control of algae and their removal inhibits coral settlement (Hughes 1994). These various herbivores can play complimentary roles or compete for shared resources impacting functional redundancy in the ecosystem (Hay and Taylor 1985).

Herbivory rates on coral reefs have typically been estimated by the extrapolating results from a few select species, scaling up metabolic requirements of species, or using exclusion cages and experimental substrata (but see Robinson et al. 2019). The results from such experiments in the Caribbean and Great Barrier Reef suggest that even robust herbivorous fish populations may only be able to consume 30 to 40% of net algal production (Williams et al. 2001; Mumby et al. 2007). Other studies suggest herbivores are able to remove up to, and greater than, 100% of algal turf production (Hatcher 1981; Carpenter 1986; Van Rooij et al. 1998; Russ 2003; Kopp et al. 2010). Simulation models have estimated that sea urchins are able to graze as much as 40-50% of the substratum but also assume fish and sea urchins can graze the same areas (i.e., no interference competition; Mumby 2006; Sebastián and McClanahan 2013). To our knowledge, there have been no empirically derived algal consumption values for herbivore communities across reefs that include both fishes and sea urchins. Thus, in this study we measure algal production and consumption using a selective herbivore exclusion experiment across a gradient of herbivore abundance and composition. Specifically, we compare algal turf herbivory by fishes and sea urchins together, just fishes, and just sea urchins using exclusion cages in Kenyan reef lagoons. The fringing coral reefs of Kenya provide an ideal system to study these processes because they represent a wide range of herbivore community composition that is mediated by management (i.e., marine-protected areas; McClanahan 2019).

Materials and methods

Study sites

To sample across a gradient of herbivore assemblages, we collected data in 2011 and 2012 from sites representing distinct fisheries management regimes: two heavily fished open access reefs, two younger no-take marine-protected

areas (community closures), and two older marine-protected areas (government closures) (Humphries et al. 2014). We regarded management regimes as experimental treatments, and sites representing these treatments were interspersed (Fig. 1). The two community closures, Kuruwitu and Mradi, have received protection from fishing since 2005 and 2010, respectively, and are both approximately 0.3–0.4 km² in size. The other two marine-protected areas are government closures, Mombasa and Malindi, and have received protection from fishing since 1991 and 1968, respectively; Mombasa is approximately 6 km² in size, whereas Malindi is 10 km². Fishing at Kanamai and Ras Iwatine is intense and highly unselective with a variety of gear types being used (e.g., spear guns, nets, traps).

Herbivore surveys

Sea urchins were identified to species and counted in 10 m², haphazardly placed circular plots (n = 9-18 per site). Wet weight was estimated by multiplying the number of individuals by wet weights per species using locally derived values from species collected previously in these sites (McClanahan and Shafir 1990). Herbivorous fishes were counted and identified to species with fish size (total length, TL), estimated to the nearest 10 cm by underwater visual census (via snorkel) using 2-4 haphazardly placed replicate belt transects (5×100 m) per site. Parrotfishes under 10 cm TL were grouped together as "juveniles" due to the difficulty of identifying them to the species level in the field. Transects were conducted during neap tides when the water was between ~ 1 and 4 m deep. Mass was



Fig. 1 Study sites differing in management where government closures are administered by the Kenya Wildlife Service and are older than the more newly established community closures administered by fishers, both of which do not allow fishing. Open access reefs have no restrictions on fishing Modified from Humphries et al. (2014)

determined by converting fish counts to biomass using published length-weight relationships (Letourneur et al. 1998; Froese and Pauly 2006). Herbivorous fishes were assigned to functional groups based on published information on diets as well as morphology and behavior (Froese and Pauly 2006; Green et al. 2009). For example, fishes that consume fleshy macroalgaeHoey were considered browsers (excluded in this study) and those feeding on algal turf were either scrapers (parrotfishes) or grazers (i.e., algal croppers and surgeonfishes). There are only two species of rabbitfishes at the study sites (Humphries et al. 2015), Siganus sutor and Siganus argenteus, and they were not considered algal turf grazers because previous research in this system (Humphries et al. 2014, 2015) and associated video recordings have shown them to exclusively consume seagrass or be primarily croppers of red and green macroalgae (Hoey et al. 2013). Algal croppers and detritivores were combined into one functional group (herein referred to as "grazers"). No excavating parrotfishes were recorded during these surveys.

Algal biomass

To determine algal biomass accumulation at reefs, experimental substrata were made from ~ 2.5 -cm cross sections of massive *Porites* coral (mean plate size \pm SE was $184 \pm 11 \text{ cm}^2$; n = 288 plates). Plates had flat surfaces but irregularly shaped edges. Holes were drilled in individual plates allowing them to be attached to plastic cage flooring $(1 \times 1 \text{ m})$, which was nailed into bare substratum. Individual plates were deployed in sets of 4 and attached at least 5 cm apart from one another on the same piece of flooring to form a single replicate. Three experimental treatments were created to allow access to the plates by different groups of herbivores: (1) cage treatments, which represented a control for site-specific, bottom-up differences in environmental variables, or herbivore exclusion preventing animals > 2.5 cm minimum dimension (defined as "large herbivores"), (2) fence treatments that allowed herbivory only by fishes, and (3) open treatments that allowed herbivory by both fishes and sea urchins.

Cages and fences were made from plastic mesh material $(2.5 \times 2.5 \text{ cm} \text{ square holes})$ and attached to bare substratum using u-bolts. Cages were approximately $1 \times 1 \times 0.5 \text{ m} (L \times W \times H)$ in size. The previous work has found that cages similar to these had no significant effect of on algal standing crop or species composition other than the effect of excluding grazers (Humphries et al. 2014). Sea urchins were unable to climb the sides of the fences and enter the treatments (Humphries personal observation). At each reef site, treatments were deployed in four blocks, each including one replicate from each treatment. Blocks were placed > 20 m apart from one another, and

treatments within blocks were < 3 m apart. Areas for deployment were typical of the larger reef areas and away from damselfish territories. We began the algal production experiment during the southeast monsoon season between September and October 2011, which is the beginning of the calm season.

Algal biomass (expressed per unit area; g algae m⁻²) was quantified as (drv) algal biomass. To do this, we followed methods similar to Russ (2003) and scraped a 5 \times 5 cm area on each plate at all treatments at regular time intervals (Samples were taken a total of 6 times over the ~ 390 d duration of the experiment.) We sampled areas that seemed typical of the whole plate, and it was not possible to determine the area of the plate that was previously scraped. All algal samples were immediately placed on ice and returned to the laboratory where wet weight was initially recorded. Samples were then dried at 60 °C to a constant weight and ground in a Wiley mill and weighed (dry calcified weight). To remove calcium carbonate and determine dry algal weight (or weight of organic matter only), we placed the samples in 10% acetic acid for 24 h (stirring regularly), vacuum-filtered them onto Whatman ashless filters, rinsed them with deionized water, and dried them at 60 °C to a constant weight (hereafter referred to as "algae"). All weights were measured to the nearest 0.001 g. Samples were processed in this manner to have units comparable to those in similar studies (Bruggemann et al. 1994a, b; Van Rooij et al. 1998; Russ 2003; Paddack et al. 2006; Marshell and Mumby 2012), where units represent grams of dry organic material or algae.

Algal consumption

To calculate the proportion of algal biomass consumed by herbivores, we quantified the percentages consumed by fishes ($C_{\rm F}$) and sea urchins ($C_{\rm SU}$) at each sampling event using the equations

$$C_{\rm F} = \left(1 - \left[\frac{B_F}{B_C}\right]\right) \times 100$$

and

$$C_{\rm SU} = \left(\left[1 - \left\{ \frac{B_0}{B_{\rm C}} \right\} \right] \times 100 \right) - C_{\rm F}$$

where B_C is algal biomass at the cage treatment, B_F is algal biomass at the fence treatment, and B_O is algal biomass at the open treatment (i.e., the observed percentage of algal biomass consumed). The total percentage consumed by both fishes and sea urchins was calculated by summing C_F and C_{SU} . To calculate algal turf consumption rates (g algae m⁻² d⁻¹), we divided the algal biomass removed at each treatment as described above (B_F , B_C , B_O), but divided each by the number of days between sampling events to get a daily average.

Data analyses

We used separate one-way analyses of variance (ANOVA) to test for a site effect on: (a) fish biomass (by functional group and total) and (b) sea urchin biomass. Significant differences were followed by Tukey tests. Using a two-way ANOVA, we tested for the effects of site and treatment, and their interaction, on algal biomass at the final sampling event. Finally, algal consumption was compared using one-way ANOVA with site as the main effect for: (a) all herbivores and (b) each functional group. All data analyses were performed using the software program "R" (v. 3.1.2; R Development Core Team 2014).

Results

Herbivore surveys

Total grazing fish biomass was significantly different across sites (df = 5, *F*-value = 61.23, p < 0.001; Fig. 2). It was lowest at the fished sites and greatest at the government closure sites, with community closures in between (Table S1). Mombasa, a government closure site, however, was not significantly different from either community closure site. Fish biomass of both grazers (df = 5, df = 5)F-value = 198.98, p < 0.001) and scrapers (df = 5, Fvalue = 10.08, p < 0.05) was significantly different across sites. For grazers, the open access sites of Kanamai and Ras Iwatine had significantly less biomass than the community closures, Mradi and Kuruwitu, as well as one government closure site, Mombasa (Table S1). Malindi had significantly greater grazer biomass than any other site. The government closures had significantly greater biomass of scraping fishes than all the other sites, and there was no significant difference between the fished sites and the community closure sites (Table S1). Sea urchins were significantly different across sites (df = 5, F-value = 13.95, p < 0.01); the greatest urchin biomass was at the fished sites and community closures, which were significantly less than the government closure sites, Mombasa and Malindi (Fig. 1, Table S1).

Algal biomass

Overall, algal biomass over the \sim 390-d period is grouped by management category for the open and caged treatments. At the fished sites, algal production was significantly limited by sea urchin herbivory; at the community closure sites, algal biomass increased in all three



Fig. 2 Mean (\pm SE) grazing herbivorous fish and sea urchin biomass (g m⁻²) by study site and management. Letters represent homogeneous subgroups for total turf grazing fishes and sea urchins (p < 0.05) identified using one-way ANOVA and individual contrasts

treatments, suggesting that fish herbivory, either alone or together with urchin herbivory, was insufficient to prevent accumulation of algal biomass; at the government closure sites, algal production was significantly limited by fish herbivory (Fig. 3). The interaction term (site * treatment) was statistically significant in this model (df = 10, F- value = 13.01, p < 0.05), meaning that algal biomass at the final sampling event is differed by site across the treatment levels.

Generally, algal biomass increased rapidly in the cage treatments (no herbivory) at all six sites and then leveled off after $\sim 100-150$ d and remained at ~ 150 g algae



Fig. 3 Time series of the mean (\pm SE) algal biomass (g algae m⁻²) at the six study sites, grouped by management. Shapes indicate treatment, and asterisks indicate significant differences between the first and last sampling events (p < 0.05)

 m^{-2} for the remainder of the experiment at each site. These values were all significantly greater (p > 0.05) than at the beginning of the experiment (Fig. 3). The open access fished reefs showed significant increases in algal biomass by the end of the experiment at the fence treatments (p < 0.05), but not the open treatments where sea urchins could access the plates. At the community closures, all treatments tracked similar trajectories and were significantly different from zero at the end of the experiment (p < 0.001); these experimental substrata all had greater than 80 g algae m^{-2} at the conclusion of the experiment. At the government closure sites, the only treatment to show a significant increase in algal biomass was the cage treatment (p < 0.001). The fence and open treatments never reached above 35 g algae m^{-2} throughout the experimental period. Accumulation of algal biomass after \sim 390 d did not differ between sites at the caged treatments (df = 5, Fvalue = 0.627, p = 0.681).

Algal consumption

Total algal turf consumption was greatest at the open access fished sites (> 2.6 g algae m⁻² d⁻¹) and the government closures (total > 2.3 g algae m⁻² d⁻¹), but did not differ significantly among sites (df = 5, *F*-value = 0.08, p = 0.99; Fig. 4). Total algal turf consumption at the community closure sites of Mradi and Kuruwitu was 1.65 and 1.56 g algae m⁻² d⁻¹, respectively. Sea urchin consumption varied significantly by site (df = 5, *F*-value = 8.82, p < 0.01). Consumption at both of the open access sites, Kanamai and Ras Iwatine, was significantly greater than at the government closures, Mombasa and Malindi (*t*-values < - 3.72, p < 0.05). Fish consumption of algae varied significantly by site (df = 5, *F*-value = 13.38, p < 0.001), with the open access and community closure



Fig. 4 Mean (\pm SE) algal turf consumption rate (g algae m⁻² d⁻¹) of fishes and sea urchins across sites and management categories

sites exhibiting lower values than the government closures (Fig. 4).

At the open access sites, greater than 85% of algal turf was consumed at the end of the experiment on the open treatments (urchin and fish herbivory; Table 1). Similarly, at the government closures, 89% and 96% of algal production were consumed for Mombasa and Malindi, respectively. In contrast, the community closures had only 26% (Kuruwitu) and 44% (Mradi) of total algal production consumed at the end of the experiment.

Discussion

The level of fishing pressure reflected marine-protected area management and mediated herbivore community composition in this study, which led to different rates of algal accumulation and consumption. The two management regimes characterized by herbivore communities able to prevent significant algal biomass by the end of the experiment were the government fisheries closures and the fished reefs, but each was maintained by different grazing functional groups: fishes in the closures and sea urchins at the fished reefs. In these two management systems, at least 85% of algal biomass was consumed. In fact, herbivores were able to consume as much as 96% of algal turf biomass where herbivory was greatest. In contrast, the relatively small, new community-based marine protected areas had an intermediate mix of algal turf grazing functional groups containing both fishes and sea urchins. These herbivores were not able to suppress algal turf biomass, which seemed to stabilize at between 100 and 150 g m^{-2} within the first 150 d. These results show how fishing and marine-protected area management can shape the algal turf grazing community on reefs and how closures that are transitioning from fishing may lack the herbivory necessary to prevent algal accumulation.

In the absence of significant herbivory, algal biomass stabilized on the experimental substrata in this study after 100-150 d. This seems to represent an upper limit to algal biomass in this system, which is 7-25 times greater than where herbivory was high due to either sea urchins or fishes. This is consistent with other studies that displayed a significant effect of grazing on algal biomass, with biomass quickly reaching a plateau in the absence of herbivores (e.g., Sammarco et al. 1974; Adey et al. 1977; Connor and Adey 1977; Carpenter 1986; McClanahan 1997). Similar patterns have also been demonstrated at a regional scale in the Caribbean since the mass mortality of the urchin Diadema antillarum (Carpenter 1988; Schutte et al. 2010). Additionally, several other studies outside the Caribbean have documented large increases in macroalgae following exclusion of herbivores (e.g., Hughes et al. 2007; Smith

Table 1 Algal turf biomass
biomass (g algae m^{-2}) from
caged treatments and amountManagement

caged treatments and amount (%) consumed by herbivores in open treatments after ~ 390 d

Management	Site	Algal biomass (g algae m ⁻²)	Algal turf consumed (%)
Open access	Kanamai	113.9	90
	Ras Iwatine	154.8	86
Community closure	Kuruwitu	143.8	26
	Mradi	142.3	44
Government closure	Mombasa	151.9	89
	Malindi	122.8	96

et al. 2010; Doropoulos et al. 2013; Webster et al. 2015). Nutrient concentrations and ratios were not measured in this study directly, but controlled for with the caged treatments (no herbivory), and algal production was not significantly different among sites. Thus, any possible increases in nutrient supply from increased fish biomass and waste or riverine discharge (e.g., Rasher et al. 2012, Burkepile et al. 2013) could have been masked by locallevel differences in nutrient concentrations as shown at these sites in McClanahan (1997). Teasing apart these environmental drivers of algal production would help us to better understand factors other than herbivory that may control these algal communities.

Some small fleshy macroalgae (i.e., Padina) developed on the experimental plates in the caged treatments of this study. These established within the first 100 d but rarely covered more than 25% of the plates. This resembles some reefs from the Caribbean in the sense that macroalgae settled quickly to the substratum, or within the first few months (e.g., Morrison 1988, Sotka and Hay 2009, Ferrari et al. 2012). However, it differs from these Caribbean studies in that the macroalgae did not proliferate to reach levels of 60-100% cover. Instead, macroalgae and resulting algal production stabilized at similar values as those found in Fiji, Hawaii, and the Great Barrier Reef (Scott and Russ 1987; Hixon and Brostoff 1996; Rasher et al. 2012; Kelly et al. 2017). So, while settlement of macroalgae was quick on these reefs in the absence of herbivory, settled algae did not continue to proliferate and increase as in many Caribbean reefs. Seasonality did not play a significant role in these findings as there is only a calm and windy season that does not affect daylength or other environmental variables significantly (McClanahan 1988). There is, however, the possibility that micrograzers such as damselfishes influenced the maximum algal biomass observed as it was not possible to avoid or exclude them completely even when care is taken not to place cages in their territories (Russ 1987).

Spatial differences in the intensity of grazing may also dictate whether herbivores are able to suppress algal production effectively. For instance, herbivore communities may aggregate in areas and increase their foraging rates in response to increases in algal production and water temperature, thus creating patches of ungrazed areas (Horn and Gibson 1990; Ferreira et al. 1998a; Russ 2003). Understanding these fluctuations and responses is critical for reef management and avoiding macroalgal phase shifts, but parsing out the various mechanisms has proven difficult (van Nes and Scheffer 2005). In fact, one of the more significant oversimplifications in the rapid ecological transition models is that ecosystems are spatially homogeneous (Scheffer and Carpenter 2003). Nonetheless, over the 390-d period of this experiment, our results were relatively steady across spatial scales after the initial ~ 100 d, and no disturbances significantly influenced algal biomass at the caged treatments where there was no herbivory.

Exploitation of herbivorous fishes has the ability to reduce grazing intensity and ecosystem functioning on reefs drastically if other species cannot fill their niche (Bellwood et al. 2004). Here, sea urchins appear to be capable of effectively replacing fishes in terms of algal turf removal on the two fished reefs. This transition, however, was not linear and consumption was not strong enough to avoid algal accumulation at reefs in the community-managed fisheries closures. Consequently, management and the recovery dynamics of fishes that are associated with the interaction of the age (and size) of marine protected areas may be especially important in this system if one is to achieve the desired grazing levels that prevent macroalgal phase shifts (Claudet et al. 2008). Findings from other studies indicate this is especially critical for scraping parrotfishes greater than 20 cm in length, which tend to require more than 10 yr of protection to recover and have a large grazing impact on reefs (McClanahan et al. 2007; Lokrantz et al. 2008). Furthermore, sea urchins are bioeroders that have been shown to significantly reduce reef accretion and prevent settlement of crustose coralline algae aside from algal turf consumption (Mokady et al. 1996, O'Leary and McClanahan 2010). Therefore, the replacement of grazing fishes with sea urchins on heavily fished reefs does not mean the reefs are functionally equivalent. These differences in influencing organic versus inorganic reef production may influence their desirability to managers.

In this study system, marine-protected areas mediated interactions between sea urchins and parrotfishes and prevented them from co-occurring in high densities. This could be due to a combination of factors, one being the recovery of the orange-lined triggerfish (Balistapus undulatus), a major sea urchin predator (McClanahan and Muthiga 2016). Populations of this fish tend to recover fully after approximately 10 yr following the establishment of a of marine-protected area at which point it drives sea urchin wet weight down to values less than 10 kg/ha on reefs (McClanahan 2000). Another factor preventing sea urchins and parrotfishes from co-occurring on these reefs might be competition for shared algal resources. Food quality and availability have been shown to limit parrotfish feeding (Targett and Targett 1990), and parrotfish quickly occupies reefs where sea urchins have been removed (Hay and Taylor 1985). Thus, the functional redundancy of algal turf grazers in this ecosystem is low and competitive interactions between species occupying a similar niche, as well as predator-prey dynamics, shape these relationships. The transition between urchin-dominated reefs and parrotfish-dominated reefs might be expedited by the removal of sea urchins upon designation of a marine protected area to free up substratum and allow parrotfish to occupy reefs more quickly. Similar management and urchin-parrotfish interactions occurred on reefs across the Caribbean in the 1970s and 80s (Hay 1984), making heavily fished reefs more vulnerable to macroalgal phase shifts during the Diadema die-off in the 1990s (Hughes 1994).

This study shows how marine-protected areas can increase the biomass of fish that graze algal turf, leading to high consumption rates that prevent algal buildup on experimental substrata. Reefs that were heavily fished were able to do the same but through the medium of sea urchins. The previous work in this system shows that parrotfish takes approximately 10 yr to recover, as do urchin predators (McClanahan et al. 2007). The community fisheries closures in this study were less than 10 yr old, and therefore, the algal turf grazing niche was in the process of transitioning from urchin-dominated to parrotfish-dominated control (McClanahan 2000, McClanahan et al. 2007, Humphries et al. 2014). During this transition period, algal turf herbivory is not high enough to prevent the development of significant algal biomass, thus putting reefs in a vulnerable state through phase shifts due to environmental shocks such coral bleaching that might free up additional substrata for algae proliferation (McClanahan et al. 2002; Adam et al. 2015). Overall, our findings highlight the transition from fished to protected areas as a period of particularly high vulnerability to algal dominance. Consequently, it is not simply the cessation of fishing that is important, but also the replacement of urchins by fishes as the dominant algal turf grazers.

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Compliance with ethical standards

Conflict of interest On behalf of all authors, the corresponding author states that there is no conflict of interest.

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